



JANUARY

BREAKFAST MENU

2025

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
Mixed Fruit Cup 100% Apple Juice W/G Cinnamon Toasters W/G Corn Muffin Milk-8 oz.	Fresh Orange Multigrain Cheerios Apple Breakfast Bar Milk-8 oz.	Fresh Pear W/G White Bagel with Cream Cheese Milk-8 oz.	Diced Pear Cup 100% Fruit Punch W/G Apple Cinnamon Poffitz Pancakes Milk-8 oz.	Peach Applesauce Cup 100% Grape Juice W/G Strawberry PopTart Milk-8 oz.
13	14	15	16	17
Fresh Apple W/G Fruit Loops Cereal W/G Graham Crackers Milk-8 oz.	Peach Applesauce Cup 100% Fruit Punch W/G Corn Flakes Cereal W/G Chocolate Tiger Bites Milk-8 oz.	Fresh Pear W/G Wheat Bagel w/ Cream Cheese Milk - 8oz	Fresh Orange W/G Superdonut Milk-8 oz.	Mixed Fruit Cup 100% Apple Juice W/G Croissant with Margarine Milk-8 oz.
	21	22	23	24
	Applesauce Cup 100% Orange Juice Multigrain Cheerios W/G Chocolate Tiger Bites Milk-8 oz.	Fresh Pear W/G Cinnamon Poptarts Milk -8oz.	Diced Pear Cup 100% Straw-Kiwi Juice W/G Honey Scooters W/G Chat Snax Milk-8 oz.	Mandarin Orange Cup 100% Grape Juice - 4oz. W/G Frosted Mini Wheats W/G Blueberry Muffin Milk-8 oz.
27	28	29	30	31
Applesauce Cup 100% Orange Juice Multigrain Cheerios W/G Original Tiger Bites Milk-8 oz.	Peach Applesauce Cup 100% Grape Juice Corn Flakes Cereal W/G Graham Crackers Milk-8 oz.	Fresh Pear W/G Croissant with Margarine Milk - 8oz	Fresh Apple W/G Wheat Bagel with Cream Cheese Milk-8 oz.	Diced Pear Cup 100% Apple Juice Kix Cereal W/G Scooby Snacks Milk-8 oz.



Breakfast: choice of 1% or fat-free milk; fruit available daily

All grains offered are whole grains rich

This institution is an equal opportunity provider



# JANUARY LUNCH MENU 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6</p> <p>Macaroni &amp; Cheese Mixed Vegetables Whole Grain Bread Fresh Apple Milk - 8oz</p>	<p>7</p> <p>Beef Meatloaf w/Ketchup French Fries Wheat Dinner Roll Applesauce Cup Milk - 8oz</p>	<p>8</p> <p>Cheese Lasagna with Meat Sauce Green Beans Whole Wheat Dinner Roll Fresh Banana Milk -8oz</p>	<p>9</p> <p>BREAKFAST FOR LUNCH French Toast Sticks w/Syrup Turkey Sausage Links-3 Fresh Baby Carrots w/ Dip Mixed Fruit Cup Milk - 8oz</p>	<p>10</p> <p>W/G Dominos Pizza Romaine Salad w/ Dressing Fresh Orange Milk - 8oz</p>
<p>13</p> <p>Grilled Chicken Fillet w/ Gravy Mashed Potatoes Orange Craisins Wheat Dinner Roll Milk - 8oz</p>	<p>14</p> <p>W/G Popcorn Chicken w/ Sweet &amp; Sour Sauce Green Beans Fresh Apple Whole Grain Bread Milk - 8oz</p>	<p>15</p> <p>Beef Nachos Cheddar Cheese w/ W/G Tortilla Scoops Baby Carrots Fresh Fruit Milk 8oz</p>	<p>16</p> <p>Tomato Basil Chicken Meatballs w/ Pasta Corn Wheat Dinner Roll Milk 8oz</p>	<p>17</p> <p>W/G Dominos Pizza Romaine Salad w/ Dressing Fresh Orange Milk - 8oz</p>
<p>MARTIN LUTHER KING JR. Day</p>	<p>21</p> <p>Tomato Basil Chicken Meatballs w/ Pasta Corn Wheat Dinner Roll Milk 8oz</p>	<p>22</p> <p>Tri Color Tortellini w/ Alfredo Sauce Diced Carrots Diced Pear Cup Whole Grain Bread Milk-8oz</p>	<p>23</p> <p>BREAKFAST FOR LUNCH Cheese Omelet Turkey Sausage Links-3 Fresh Baby Carrots w/ Dip Mixed Fruit Cup Milk - 8oz</p>	<p>24</p> <p>W/G Dominos Pizza Romaine Salad w/ Dressing Fresh Orange Milk - 8oz</p>
<p>27</p> <p>27 Basil &amp; Mozzarella Chicken Meatballs Green Beans Cherry Craisins Wheat Dinner Roll Milk - 8oz</p>	<p>28</p> <p>Beef Nachos Cheddar Cheese w/ W/G Tortilla Scoops Baby Carrots Fresh Fruit Milk 8oz</p>	<p>29</p> <p>Macaroni &amp; Cheese Black Beans Whole Grain Bread Fresh Banana Milk - 8oz</p>	<p>30</p> <p>Macaroni &amp; Cheese Black Beans Whole Grain Bread Fresh Banana Milk - 8oz</p>	<p>31</p> <p>W/G Dominos Pizza Romaine Salad w/ Dressing Fresh Orange Milk - 8oz</p>



Lunch: choice of 1% or fat-free milk; fruit available daily

All grains offered are whole grains rich

This institution is an equal opportunity provider



# JANUARY HIGH SCHOOL LUNCH MENU 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>ALTERNATIVE MENU OPTIONS AVAILABLE Monday - Thursday</b> Chicken Fingers Romaine Salad w/Grilled Chicken & Dressing				
6 Macaroni & Cheese Mixed Vegetables Whole Grain Bread Fresh Apple Milk - 8oz	7 Beef Meatloaf w/Ketchup French Fries Wheat Dinner Roll Applesauce Cup Milk - 8oz	8 Cheese Lasagna with Meat Sauce Green Beans Whole Wheat Dinner Roll Fresh Banana Milk -8oz	9 <b>BREAKFAST FOR LUNCH</b> French Toast Sticks w/Syrup Turkey Sausage Links-3 Fresh Baby Carrots w/ Dip Mixed Fruit Cup Milk - 8oz	10 W/G Dominos Pizza Romaine Salad w/ Dressing Fresh Orange Milk - 8oz
13 Grilled Chicken Fillet w/ Gravy Mashed Potatoes Orange Craisins Wheat Dinner Roll Milk - 8oz	14 W/G Popcorn Chicken w/ Sweet & Sour Sauce Green Beans Fresh Apple Whole Grain Bread Milk - 8oz	15 Beef Nachos Cheddar Cheese w/ W/G Tortilla Scoops Baby Carrots Fresh Fruit Milk 8oz	16 Tomato Basil Chicken Meatballs w/ Pasta Corn Wheat Dinner Roll Milk 8oz	17 W/G Dominos Pizza Romaine Salad w/ Dressing Fresh Orange Milk - 8oz
	21 Tomato Basil Chicken Meatballs w/ Pasta Corn Wheat Dinner Roll Milk 8oz	22 Tri Color Tortellini w/ Alfredo Sauce Diced Carrots Diced Pear Cup Whole Grain Bread Milk-8oz	23 <b>BREAKFAST FOR LUNCH</b> Cheese Omelet Turkey Sausage Links-3 Fresh Baby Carrots w/ Dip Mixed Fruit Cup Milk - 8oz	24 W/G Dominos Pizza Romaine Salad w/ Dressing Fresh Orange Milk - 8oz
27 Basil & Mozzarella Chicken Meatballs Green Beans Cherry Craisins Wheat Dinner Roll Milk - 8oz	28 Beef Nachos Cheddar Cheese w/ W/G Tortilla Scoops Baby Carrots Fresh Fruit Milk 8oz	29 Macaroni & Cheese Black Beans Whole Grain Bread Fresh Banana Milk - 8oz	30 Macaroni & Cheese Black Beans Whole Grain Bread Fresh Banana Milk - 8oz	31 W/G Dominos Pizza Romaine Salad w/ Dressing Fresh Orange Milk - 8oz



Lunch: choice of 1% or fat-free milk; fruit available daily

All grains offered are whole grains rich

This institution is an equal opportunity provider