

NOVEMBER

BREAKFAST MENU

2025

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Apple W/G Rice Chex Cereal W/G Scooby Snacks Milk-8 oz.	Fresh Orange Multigrain Cheerios Apple Breakfast Bar Milk-8 oz.	Pineapple Cup 100% Fruit Punch W/G Lemon Bread Slice Milk-8 oz.	Applesauce Cup 100% Straw-Kiwi Juice W/G Honey Scooters W/G Graham Crackers Milk-8 oz.	7 Fresh Pear W/G Croissant w/ Margarine Milk-8 oz.
Mixed Fruit Cup 100% Apple Juice W/G Cinnamon Toasters W/G Corn Muffin Milk-8 oz.	Fresh Orange Multigrain Cheerios Apple Breakfast Bar Milk-8 oz.	Pineapple Cup 100% Apple Juice W/G White Bagel with Cream Cheese Milk-8oz	Diced Pear Cup 100% Fruit Punch W/G Poffitz Pancakes Milk-8 oz.	Peach Applesauce Cup 100% Grape Juice W/G Strawberry Poptart Milk-8 oz.
Fresh Apple W/G Fruit Loops Cereal W/G Graham Crackers Milk-8 oz.	18 Peach Applesauce Cup 100% Fruit Punch W/G Lemon Bread Slice Milk-8 oz.	Applesauce Cup- 100% Apple Juice W/G Wheat Bagel w/ Butter Milk-8oz	20 Fresh Orange W/G Pull Apart Glazed Cluster Milk-8 oz.	Mixed Fruit Cup 100% Apple Juice W/G Super Donut Milk-8 oz.
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Breakfast: choice of 1% or fat-free milk; fruit available daily

All pasta, bread and grains on this menu are whole wheat or whole grain

This institution is an equal opportunity provider



NOVEMBER

3

10

LUNCH MENU

5

2025

Friday

W/G Dominos Pizza Slice

Romaine Salad w/

7

	5

Quesadillas
Plantains
Fresh Orange
Milk - 8oz

17
Turkey & Beef Peperoni
Pizza Packet

Monday

Turkey & Cheese

on W/G Sub Roll

Potato Salad Cup

Fresh Apple

Milk - 8oz

W/G Mini Cheese

Turkey & Beef Peperor Pizza Packet Romaine Salad w/ Dressing Fresh Fruit Milk-8 oz. W/G Popcorn Chicken
w/ Sweet & Sour Sauce
Vegetarian Beans
Fresh Apple
Whole Grain Bread
Milk - 8oz

Tuesday

Beef Nachos w/

Cheddar Cheese Sauce

on W/G Tortilla Scoops

Celery Sticks w/ Dip

Fresh Banana

Milk - 8oz

Chicken Tacos

W/G Tortilla

Shred Cheese

Romaine Salad w/

Dressing

Fresh Fruit

Milk-8oz

4

11

W/G (w/ S D Whe

Mixed Vegetables
Fresh Pear
Milk-8oz.

12
Cheese Lasagna with
Spaghetti Sauce
Green Beans

Wednesday

Chicken Meatballs

Parmigiana

on Wheat Sub Roll

Fresh Pear
Milk -8oz

19
W/G Cheese Manicotti
w/ Spaghetti Sauce

Whole Wheat Dinner Roll

W/G Cheese Manicotti
w/ Spaghetti Sauce
Diced Carrots
Wheat Dinner Roll
Fresh Pear
Milk-8oz

Macaroni & Cheese Broccoli Florets Whole Grain Bread Fresh Banana Milk - 8oz

Thursday

Dressing
Fresh Orange
Milk - 8oz.

BREAKFAST FOR LUNCH
French Toast Sticks
w/Syrup
Turkey Sausage Links
Black Bean & Corn Salad
Fresh Banana
Milk - 80z

W/G Dominos Pizza Slice
Romaine Salad w/
Dressing
Fresh OrangeMilk - 80z

6

20 21

Beef Nachos w/
Cheddar Cheese Sauce
on W/G Tortilla Scoops
Celery Sticks w/ Dip
Fresh Banana
Milk - 80z

21

W/G Dominos Pizza Slice
Romaine Salad w/
Dressing
Fresh Orange
Milk - 80z







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Lunch choice of

1% or fat-free



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3

10

17

7-12 LUNCH MENU

5

Wednesday

2025

Friday



Turkey & Cheese on W/G Sub Roll **Potato Salad Cup** Fresh Apple Milk - 8oz

Monday

Beef Nachos w/ **Cheddar Cheese Sauce** on W/G Tortilla Scoops Celery Sticks w/ Dip Fresh Banana Milk - 8oz 11

Tuesday

4

18

Chicken Meatballs **Parmigiana** on Wheat Sub Roll **Mixed Vegetables** Fresh Pear Milk-8oz.

6 Macaroni & Cheese **Broccoli Florets** Whole Grain Bread Fresh Banana Milk - 8oz

13

Thursday

W/G Dominos Pizza Slice Romaine Salad w/ **Dressing Fresh Orange** Milk - 8oz.

W/G Mini Cheese Quesadillas **Plantains Fresh Orange** Milk - 8oz

Chicken Tacos W/G Tortilla **Shred Cheese** Romaine Salad w/ **Dressing Fresh Fruit** Milk-8oz

12 **Cheese Lasagna with** Spaghetti Sauce **Green Beans** Whole Wheat Dinner Roll Fresh Pear Milk -8oz

BREAKFAST FOR LUNCH French Toast Sticks w/Syrup **Turkey Sausage Links** Black Bean & Corn Salad Fresh Banana Milk - 8oz

W/G Dominos Pizza Slice Romaine Salad w/ **Dressing** Fresh Orange-Milk - 8oz

Turkey & Beef Peperoni Pizza Packet Romaine Salad w/ Dressing Fresh Fruit Milk-8 oz.

W/G Popcorn Chicken w/ Sweet & Sour Sauce **Vegetarian Beans** Fresh Apple Whole Grain Bread Milk - 8oz

19 W/G Cheese Manicotti w/ Spaghetti Sauce **Diced Carrots** Wheat Dinner Roll Fresh Pear Milk-8oz

20 Beef Nachos w/ **Cheddar Cheese Sauce** on W/G Tortilla Scoops Celery Sticks w/ Dip Fresh Banana Milk - 8oz

21 W/G Dominos Pizza Slice Romaine Salad w/ **Dressing Fresh Orange** Milk - 8oz







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Alternative Menu Items Offered Mon-Thurs