



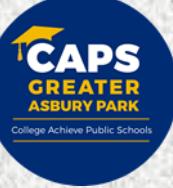
# JANUARY BREAKFAST MENU 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				
5 Mixed Fruit Cup 100% Apple Juice W/G Cinnamon Toasters W/G Corn Muffin Milk-8 oz.	6 Fresh Orange Multigrain Cheerios . Apple Breakfast Bar Milk-8 oz.	7 Pineapple Cup 100% Apple Juice W/G White Bagel with Cream Cheese Milk-8oz	8 Diced Pear Cup 100% Fruit Punch W/G Poffitz Pancakes Milk-8 oz.	9 Peach Applesauce Cup 100% Grape Juice W/G Strawberry Pop tart Milk-8 oz.
12 Fresh Apple W/G Fruit Loops Cereal W/G Graham Crackers Milk-8 oz.	13 Peach Applesauce Cup 100% Fruit Punch W/G Lemon Bread Slice Milk-8 oz.	14 Applesauce Cup 100% Apple Juice W/G Wheat Bagel w/ Butter Milk-8oz	15 Fresh Orange - W/G Pull Apart Glazed Cluster Milk-8 oz.	16 Mixed Fruit Cup . 100% Apple Juice W/G Super Donut Milk-8 oz.
MARTIN LUTHER KING JR. Day	20 Applesauce Cup 100% Orange Juice W/G Cinnamon Pop tarts Milk-8 oz.	21 Pineapple Cup 100% Fruit Punch W/G Powdered Mini Donut Holes Milk-8oz	22 Applesauce Cup 100% Orange-Tang. Juice W/G Honey Scooters W/G Scooby Snacks Milk-8 oz.	23 Mandarin Orange Cup 100% Grape Juice W/G Frosted Mini Wheats W/G Blueberry Muffin Milk-8 oz.
26 Fresh Apple W/G Rice Chex Cereal W/G Scooby Snacks Milk-8 oz.	27 Fresh Orange Multigrain Cheerios Apple Breakfast Bar Milk-8 oz.	28 Pineapple Cup 100% Fruit Punch W/G Zucchini Bread Slice Milk-8 oz.	29 Fresh Golden Apple W/G White Bagel w/ Cream Cheese Milk-8 oz.	30 Mixed Fruit Cup 100% Apple Juice W/G Kix Cereal W/G Blueberry Muffin Milk-8 oz.

Breakfast: choice  
of 1% or fat-free  
milk; fruit  
available daily

All grains offered  
are whole grains  
rich

This institution is  
an equal  
opportunity  
provider



# JANUARY

# LUNCH MENU

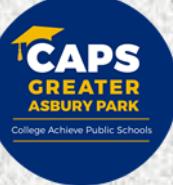
# 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<b>HAPPY NEW YEAR</b>				
5 Chicken Meatballs Parmigiana on Wheat Sub Roll Mixed Vegetables Fresh fruit Milk-8oz	6 Macaroni & Cheese Mixed Vegetables Whole Grain Bread Fresh fruit Milk-8 oz	7 Cheese Lasagna with Spaghetti Sauce Green Beans Whole Wheat Dinner Roll Fresh Pear Milk -8oz	8 BREAKFAST FOR LUNCH French Toast Sticks w/Syrup Turkey Sausage Links Black Bean & Corn Salad Fresh Banana Milk - 8oz	9 W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz
12 W/G Chicken Fingers Vegetarian Beans Whole Grain Bread Strawberry Craisins Milk - 8oz	13 BREAKFAST FOR LUNCH French Toast Sticks w/Syrup Turkey Sausage Links Black Bean & Corn Salad Fresh Banana Milk - 8oz	14 W/G Popcorn Chicken w/ Sweet & Sour Sauce Vegetarian Beans Fresh Apple Whole Grain Bread Milk - 8oz	15 Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops Celery Sticks w/ Dip Fresh Banana Milk - 8oz	16 W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz
<p>MARTIN LUTHER KING JR. <i>Day</i></p>		20 W/G Fiesta Beef &Cheese Wrap Fresh Baby Carrots W/Dip Fresh Fruit Milk-8oz	21 All Beef Italian Sub (Beef Bologna, Beef Salami, & American Cheese Sub) Celery Sticks w/ Dip Fresh Pear Milk-8oz	22 Chicken Tacos W/G Tortilla Shred Cheese Romaine Salad W/Dressing Fresh Fruit Milk-8oz
26 Chicken Burger on Wheat Hamburger Bun Vegetarian Beans Strawberry Craisins Milk - 8oz	27 Turkey & Cheese on Wheat Hamburger Bun Potato Salad Cup Fresh Apple Milk - 8oz	28 All Beef Hot Dog on Wheat Hot Dog Bun Sweet Potato Fries Fresh Pear Milk - 8oz	29 W/G Stuffed Shells w/ Spaghetti Sauce Green Bean Wheat Dinner Roll Fresh Banana Milk - 8oz	30 W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz

Lunch: choice of  
1% or fat-free  
milk; fruit  
available daily

All grains offered  
are whole grains  
rich

This institution is  
an equal  
opportunity  
provider



JANUARY

# WEST BANGS LUNCH MENU

2026

Monday	Tuesday	Wednesday	Thursday	Friday
ALTERNATIVE MENU OPTIONS AVAILABLE Monday - Thursday				
5 Chicken Meatballs Parmigiana on Wheat Sub Roll Mixed Vegetables Fresh fruit Milk-8oz	6 Macaroni & Cheese Mixed Vegetables Whole Grain Bread Fresh fruit Milk-8 oz	7 Cheese Lasagna with Spaghetti Sauce Green Beans Whole Wheat Dinner Roll Fresh Pear Milk -8oz	8 BREAKFAST FOR LUNCH French Toast Sticks w/Syrup Turkey Sausage Links Black Bean & Corn Salad Fresh Banana Milk - 8oz	9 W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz
12 W/G Chicken Fingers Vegetarian Beans Whole Grain Bread Strawberry Craisins Milk - 8oz	13 BREAKFAST FOR LUNCH French Toast Sticks w/Syrup Turkey Sausage Links Black Bean & Corn Salad Fresh Banana Milk - 8oz	14 W/G Popcorn Chicken w/ Sweet & Sour Sauce Vegetarian Beans Fresh Apple Whole Grain Bread Milk - 8oz	15 Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops Celery Sticks w/ Dip Fresh Banana Milk - 8oz	16 W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz
	20 W/G Fiesta Beef &Cheese Wrap Fresh Baby Carrots W/Dip Fresh Fruit Milk-8oz	21 All Beef Italian Sub (Beef Bologna, Beef Salami, & American Cheese Sub) Celery Sticks w/ Dip Fresh Pear Milk-8oz	22 Chicken Tacos W/G Tortilla Shred Cheese Romaine Salad W/Dressing Fresh Fruit Milk-8oz	23 W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz
26 Chicken Burger on Wheat Hamburger Bun Vegetarian Beans Strawberry Craisins Milk - 8oz	27 Turkey & Cheese on Wheat Hamburger Bun Potato Salad Cup Fresh Apple Milk - 8oz	28 All Beef Hot Dog on Wheat Hot Dog Bun Sweet Potato Fries Fresh Pear Milk - 8oz	29 W/G Stuffed Shells w/ Spaghetti Sauce Green Bean Wheat Dinner Roll Fresh Banana Milk - 8oz	30 W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz

Lunch: choice of  
1% or fat-free  
milk; fruit  
available daily

All grains offered  
are whole grains  
rich

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an equal  
opportunity  
provider