



JANUARY

BREAKFAST MENU

2026

Monday	Tuesday	Wednesday	Thursday	Friday
5 Mixed Fruit Cup 100% Apple Juice W/G Cinnamon Toasters W/G Corn Muffin Milk-8 oz.	6 Fresh Orange Multigrain Cheerios . Apple Breakfast Bar Milk-8 oz.	7 Pineapple Cup 100% Apple Juice W/G White Bagel with Cream Cheese Milk-8oz	8 Diced Pear Cup 100% Fruit Punch W/G Poffitz Pancakes Milk-8 oz.	9 Peach Applesauce Cup 100% Grape Juice W/G Strawberry Pop tart Milk-8 oz.
12 Fresh Apple W/G Fruit Loops Cereal W/G Graham Crackers Milk-8 oz.	13 Peach Applesauce Cup 100% Fruit Punch W/G Lemon Bread Slice Milk-8 oz.	14 Applesauce Cup 100% Apple Juice W/G Wheat Bagel w/ Butter Milk-8oz	15 Fresh Orange - W/G Pull Apart Glazed Cluster Milk-8 oz.	16 Mixed Fruit Cup . 100% Apple Juice W/G Super Donut Milk-8 oz.
MARTIN LUTHER KING JR. Day 	20 Applesauce Cup 100% Orange Juice W/G Cinnamon Pop tarts Milk-8 oz.	21 Pineapple Cup 100% Fruit Punch W/G Powdered Mini Donut Holes Milk-8oz	22 Applesauce Cup 100% Orange-Tang. Juice W/G Honey Scooters W/G Scooby Snacks Milk-8 oz.	23 Mandarin Orange Cup 100% Grape Juice W/G Frosted Mini Wheats W/G Blueberry Muffin Milk-8 oz.
26 Fresh Apple W/G Rice Chex Cereal W/G Scooby Snacks Milk-8 oz.	27 Fresh Orange Multigrain Cheerios Apple Breakfast Bar Milk-8 oz.	28 Pineapple Cup 100% Fruit Punch W/G Zucchini Bread Slice Milk-8 oz.	29 Fresh Golden Apple W/G White Bagel w/ Cream Cheese Milk-8 oz.	30 Mixed Fruit Cup 100% Apple Juice W/G Kix Cereal W/G Blueberry Muffin Milk-8 oz.



Breakfast: choice of 1% or fat-free milk; fruit available daily

All grains offered are whole grains rich

This institution is an equal opportunity provider



JANUARY

LUNCH MENU

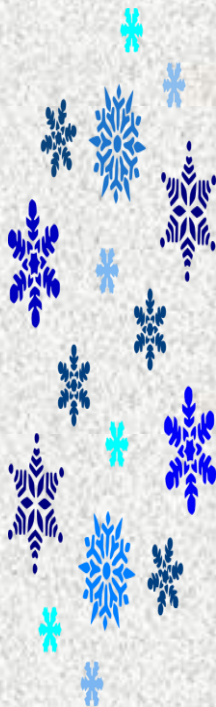
2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5</p> <p>Chicken Meatballs Parmigiana on Wheat Sub Roll Mixed Vegetables Fresh fruit Milk-8oz</p>	<p>6</p> <p>Macaroni & Cheese Mixed Vegetables Whole Grain Bread Fresh fruit Milk-8 oz</p>	<p>7</p> <p>Cheese Lasagna with Spaghetti Sauce Green Beans Whole Wheat Dinner Roll Fresh Pear Milk -8oz</p>	<p>8</p> <p>BREAKFAST FOR LUNCH French Toast Sticks w/Syrup Turkey Sausage Links Black Bean & Corn Salad Fresh Banana Milk - 8oz</p>	<p>9</p> <p>W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz</p>
<p>12</p> <p>W/G Chicken Fingers Vegetarian Beans Whole Grain Bread Strawberry Craisins Milk - 8oz</p>	<p>13</p> <p>BREAKFAST FOR LUNCH French Toast Sticks w/Syrup Turkey Sausage Links Black Bean & Corn Salad Fresh Banana Milk - 8oz</p>	<p>14</p> <p>W/G Popcorn Chicken w/ Sweet & Sour Sauce Vegetarian Beans Fresh Apple Whole Grain Bread Milk - 8oz</p>	<p>15</p> <p>Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops Celery Sticks w/ Dip Fresh Banana Milk - 8oz</p>	<p>16</p> <p>W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz</p>
<p>MARTIN LUTHER KING JR. Day</p>	<p>20</p> <p>W/G Fiesta Beef & Cheese Wrap Fresh Baby Carrots W/Dip Fresh Fruit Milk-8oz</p>	<p>21</p> <p>All Beef Italian Sub (Beef Bologna, Beef Salami, & American Cheese Sub) Celery Sticks w/ Dip Fresh Pear Milk-8oz</p>	<p>22</p> <p>Chicken Tacos W/G Tortilla Shred Cheese Romaine Salad W/Dressing Fresh Fruit Milk-8oz</p>	<p>23</p> <p>W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz</p>
<p>26</p> <p>Chicken Burger on Wheat Hamburger Bun Vegetarian Beans Strawberry Craisins Milk - 8oz</p>	<p>27</p> <p>Turkey & Cheese on Wheat Hamburger Bun Potato Salad Cup Fresh Apple Milk - 8oz</p>	<p>28</p> <p>All Beef Hot Dog on Wheat Hot Dog Bun Sweet Potato Fries Fresh Pear Milk - 8oz</p>	<p>29</p> <p>W/G Stuffed Shells w/ Spaghetti Sauce Green Bean Wheat Dinner Roll Fresh Banana Milk - 8oz</p>	<p>30</p> <p>W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz</p>

Lunch: choice of
1% or fat-free
milk; fruit
available daily

All grains offered
are whole grains
rich

This institution is
an equal
opportunity
provider

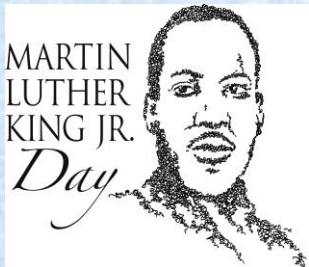




JANUARY

WEST BANGS LUNCH MENU

2026

Monday	Tuesday	Wednesday	Thursday	Friday
ALTERNATIVE MENU OPTIONS AVAILABLE Monday - Thursday				
5 Chicken Meatballs Parmigiana on Wheat Sub Roll Mixed Vegetables Fresh fruit Milk-8oz	6 Macaroni & Cheese Mixed Vegetables Whole Grain Bread Fresh fruit Milk-8 oz	7 Cheese Lasagna with Spaghetti Sauce Green Beans Whole Wheat Dinner Roll Fresh Pear Milk -8oz	8 BREAKFAST FOR LUNCH French Toast Sticks w/Syrup Turkey Sausage Links Black Bean & Corn Salad Fresh Banana Milk - 8oz	9 W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz
12 W/G Chicken Fingers Vegetarian Beans Whole Grain Bread Strawberry Craisins Milk - 8oz	13 BREAKFAST FOR LUNCH French Toast Sticks w/Syrup Turkey Sausage Links Black Bean & Corn Salad Fresh Banana Milk - 8oz	14 W/G Popcorn Chicken w/ Sweet & Sour Sauce Vegetarian Beans Fresh Apple Whole Grain Bread Milk - 8oz	15 Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops Celery Sticks w/ Dip Fresh Banana Milk - 8oz	16 W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz
 MARTIN LUTHER KING JR. Day	20 W/G Fiesta Beef & Cheese Wrap Fresh Baby Carrots W/Dip Fresh Fruit Milk-8oz	21 All Beef Italian Sub (Beef Bologna, Beef Salami, & American Cheese Sub) Celery Sticks w/ Dip Fresh Pear Milk-8oz	22 Chicken Tacos W/G Tortilla Shred Cheese Romaine Salad W/Dressing Fresh Fruit Milk-8oz	23 W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz
26 Chicken Burger on Wheat Hamburger Bun Vegetarian Beans Strawberry Craisins Milk - 8oz	27 Turkey & Cheese on Wheat Hamburger Bun Potato Salad Cup Fresh Apple Milk - 8oz	28 All Beef Hot Dog on Wheat Hot Dog Bun Sweet Potato Fries Fresh Pear Milk - 8oz	29 W/G Stuffed Shells w/ Spaghetti Sauce Green Bean Wheat Dinner Roll Fresh Banana Milk - 8oz	30 W/G Dominos Pizza Romaine Salad w/ Dressing. Fresh Orange Milk - 8oz

Lunch: choice of
1% or fat-free
milk; fruit
available daily

All grains offered
are whole grains
rich

This institution is
an equal
opportunity
provider

